

OCTOBER 2026

SPEEDWAY ELEMENTARY & JR. HIGH SCHOOL BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FALL BREAK COMING UP ON OCTOBER 12th	ROTATING FRUITS & JUICES, VEGETABLES, 1% & FLAVORED MILKS	REMINDER!! BREAKFAST IS FREE FOR ALL SPEEDWAY STUDENTS 	BREAKFAST: Lenders Bagel w/ Cream Cheese 1 LUNCH 1) French Toast Sticks w/ Sausage Patty 2) Muffin, Cheese stick & Yogurt Pack Grapes, Juice Rush Cup Hash Brown Patty, Cucumber Slices	BREAKFAST Cinn. Toast Crunch w/ Colby Jack Stick 2 LUNCH 1) Pepperoni Pizza 2) Chef Salad w/ Diced Chicken & Roll Apple Slices, Raisins, Steamed Broccoli, Cucumber Slices
BREAKFAST: Pillsbury Strawberry Cream Cheese Bagel 5 LUNCH 1) Chicken Tenders w/ Cheez-its 2) Uncrustable, Cheese Stick & Goldfish Orange Slices, Applesauce Buttered Sweet Corn, Baby Carrots	BREAKFAST : Benefit Bar 6 LUNCH 1) Corn Dog 2) Chicken Nuggets w/ Roll Banana, Raisins Orange Glazed Carrots, Cucumber Slices	BREAKFAST: Apple Frudel 7 LUNCH 1) Crispito w/ Mexican Rice 2) Chicken Patty Sandwich Green Apple, Diced Peaches Refried Beans, Sliced Red Peppers	BREAKFAST: Jimmy Dean Pancake Sausage Wrap 8 LUNCH 1) Pancakes w/ Sausage 2) Beef Quesadilla Juice Rush Cup, Blueberries Tater Tots, Grape Tomatoes	BREAKFAST : Cocoa puffs w/ Cheese Stick 9 LUNCH 1) Cheese Pizza 2) Spicy Popcorn Chicken w/ Roll Grapes, Applesauce Cup Steamed Broccoli, Celery Sticks
12	13	14	15	16
FALL BREAK NO SCHOOL! 10/12 - 10/16 STUDENTS RETURN ON MONDAY 10/19!				
BREAKFAST : Benefit Bar 19 LUNCH 1) BBQ Riblet Sandwich 2) Pizza Crunchers Oranges, Diced Pears Green Beans, Fresh Cauliflower Florets	BREAKFAST: Betty Crocker Choc. Chip Oat Bar w/ Cheese Stick 20 LUNCH 1) Chicken Patty Sandwich 2) Popcorn Chicken Salad w/ Cheez-its Raisins, Mixed Fruit Buttered Sweet Corn, Baby Carrots	BREAKFAST : Powdered Sugar Donuts 21 LUNCH 1) Penne Chicken Alfredo w/ Garlic Toast 2) Uncrustable, Cheese Stick & Goldfish Pack Bananas, Diced Peaches Steamed Broccoli, Grape Tomatoes	BREAKFAST: Tony's Sausage Breakfast Pizza 22 LUNCH 1) Eggo Waffles w/ Sausage Patty 2) Cheeseburger Grapes, Juice Rush Cup Hash Brown Patty, Cucumber Slices	BREAKFAST : Trix w/ Cheese Stick 23 LUNCH 1) Cheese Pizza 2) Chicken Tenders w/ Biscuit Apple Slices, Blueberries Baked Beans, Sliced Red Peppers
BREAKFAST: Pop Tart w/ Cheese Stick 26 LUNCH 1) Sloppy Joe Melt Sandwich 2) Chicken Drumstick w/ Roll Red Apple, Honeydew, Waffle Fries, Baby Carrots	BREAKFAST: Pillsbury Cinni Minis 27 LUNCH 1) Dorito's Walking Taco 2) Soft Pretzel w/ Cheese Sauce Clementine, Diced Pears Kickin' Pinto Beans, Grape Tomatoes	BREAKFAST : Chocolate Frosted Donuts 28 LUNCH 1) Chicken Fried Rice 2) Muffin, Cheese Stick & Yogurt Pack Banana, Mixed Fruit Glazed Carrots, Cucumber Slices	BREAKFAST: Tony's Breakfast Bagel 29 LUNCH 1) Bosco Sticks w/ Marinara 2) Ham & Cheese Sub Grapes, Diced Peaches Steamed Broccoli, Celery Sticks	BREAKFAST : Nature Valley Granola Bar w/ Cheese Stick 30 Special Halloween Treat!! LUNCH 1) Pepperoni Pizza 2) Chef Salad w/ Diced Turkey & Goldfish Apple Slices, Strawberries Buttered Sweet Corn, Sliced Red Peppers